



Thriving Life Interview Series Experts

Topic Title: "So What if I Eat a Twinkie and Don't Exercise -- It's Not That Bad, IS IT?"

Health: Physical

Expert: [Greg French, RD, LD, CPT](#) -- Registered/Licensed Dietitian & Certified Personal Trainer, Action Fitness

Topic Title: "Managing Your Career"

Career: Whatever You Get Paid Regularly To Do

Expert: [Amy Anderson, Career Coach, Aim Me](#) (formerly Your True You)

Topic Title: "There's No Place Like 'An Organized' Home!"

Home: The Place Where You Live (Atmosphere & Location)

Expert: [Kim Cossette, Professional Organizer, The Organized Approach](#)

Topic Title: "Beauty - Is It Only Skin Deep?" & "You - The Brand"

Appearance: The Way You Look (Body, Hair, Clothes, etc.)

1) [Meg Crowley, Independent Consultant, Arbonne International](#)

2) [Michelle Reynolds, Image Consultant, Dress Code](#)

Topic Title: "Money, Money, Money!"

Money: Your Financial Situation

Expert: [Dwayne Samples, Amplify Financial Advisors](#)

Topic Title: "Traveling for the Health of It!"

Fun & Leisure: The Things You Enjoy Doing

Expert: [Laura Seal, Travel Agent, LAS Travel 4 Less](#)

Topic Title: "Personal Development / Personal Vision"

Personal Development: Improving Yourself in Some Way

Expert: [Van Findley, President, Vantage Consulting Services](#)

Topic Title: "Volunteering: Not Just an Act of Kindness, But a Way of Life!"

Service: The Time or Money You Give to Help Others

Expert: [Gary Galloway, Volunteer Services Director, Gwinnett County Health & Human Services](#)

Topic Title: "The Power of Questions Can Shut You Down, Open Your Soul, or Trip Your Curiosity!"

All four of these life areas are going to be addressed by one Expert Speaker:

Relationship - Typically your spouse/partner/significant other

Family - Immediate & extended family

Friends - Acquaintances and good friends

Health - Mental

Expert: [Claire Horner, Counselor, Covenant Counseling Center](#)

Topic Title: "Unmasked - Let Your Life Reflect the Faith That Resides Within You!"

Spiritual: Your Beliefs About Humankind's Existence & Purpose

Expert: [James L. Brewer-Calvert, Pastor, First Christian Church of Decatur](#)